



**health action PARTNERSHIP**  
WALKER COUNTY, AL

## **Mental Health Support & Referral Resources**

### **ALABAMA FREE WILL BAPTIST CHILDREN'S HOME**

(205) 924-9751

86 Academy Drive, Eldridge, AL 35554

Individual & Family Counseling

*Self-Pay: Income-based sliding scale (\$5-\$20)*

Clinical Contact: Ralinda Aspey, LPC | [ralinda@fwbhome.org](mailto:ralinda@fwbhome.org)

### **CAPSTONE RURAL HEALTH CLINIC**

Group & Individual Therapy, Peer Support, Substance Abuse, Support Groups, Spanish translation services  
*Medicare/Medicaid, BlueCross BlueShield, Self-Pay: Income-based sliding scale*

**Main Office | Parrish Location**

(205) 686-5113

5947 AL-269 HWY, Parrish, AL 35580

**Capstone Cottage | Jasper Location**

(205) 724-9001

714 12th Ave West, Jasper, AL 35501

**Capstone | Nauvoo Location**

(205) 724-9059

156 3rd Avenue, Nauvoo, AL 35578

Clinical Contact: Anastacia (Stayce) Rogers | [arogers@capstoneclinic.org](mailto:arogers@capstoneclinic.org)

### **HEALTH CONNECT AMERICA**

(205) 530-6007

1700 5<sup>th</sup> Avenue South, Jasper, AL 35501

Peer support, Group & Individual Therapy, Substance Abuse, In Home Services

*Medicaid, BlueCross BlueShield, Self-Pay: Income-based sliding scale*

Clinical Contact: Karen Ozbirn, LPC | [karen.ozbirn@healthconnectamerica.com](mailto:karen.ozbirn@healthconnectamerica.com)

### **HYCHE CENTER**

Group & Family Services and Support, Individual & Group Counseling, Occupational & Speech Therapy,  
Counseling for Sensory, Depression, Anxiety, Trauma

*Medicaid, BlueCross BlueShield, Self-Pay: Income-based sliding scale*

**Jasper Location**

(205) 512-1260

Jasper Text (205) 471-5713

1000 Highway 78 West, Jasper, AL 35501

**Dora Location**

205-544-5892

415 Horsecreek Blvd, Dora, AL 35062

Clinical Contact: Karen Hyche | [hychecenter@gmail.com](mailto:hychecenter@gmail.com)

## **ADAM BISHOP CENTER | NORTHWEST ALABAMA MENTAL HEALTH CENTER**

**(205) 302-9066**

**1105 7<sup>th</sup> Avenue, Jasper, AL 35501**

Crisis Intervention, Group therapy & Family Support, Individual Counseling & Psychiatric Services, Case Management, Drug & Alcohol Abuse Counseling, School-based Services, In Home Intervention

*Medicare/Medicaid, Private Insurance, Self-Pay: Income-based sliding scale*

Clinical Contact: Pollyanna Higgs | pahiggs@nwamhc.com

## **SUMMIT COUNSELING & WELLNESS CENTER**

**(205) 379-0995**

**1292 Main Street, Sumiton, AL**

Small Groups; Individual, Couple & Group Therapy; Behavioral Interventions & Trauma; Play Therapy

*Medicaid, American Behavioral, Self-Pay: Income-based sliding scale*

Clinical Contact: Gina Helms | gbaxterhelms@summitcounselingandwellness.com

## **YOUTH ADVOCATE PROGRAM**

**(205) 471-0411**

**349 20<sup>th</sup> Street West, Jasper, AL 35501**

Youth Advocates, In school services, Basic living skills, Family support & in-home intervention

*Referral Contracts (MOUs)*

Direct Contact: Tina Aaron | tmaaron@yapinc.org

## BIRMINGHAM-BASED SERVICES

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### CHILDREN'S OF ALABAMA

#### The Amelia Center

205-638-7481

1513 Fourth Avenue South, Birmingham, AL 35233

Specialize in Grief Counseling for children, parents and families

*Self-Pay: Income-based sliding scale (\$0-\$100)*

#### Behavioral Health—Ireland Center

(205) 638-9193

1601 7th Ave S Birmingham, AL 35233 | 4th Floor - Dearth

Children & Adolescents ages 3 thru 18-years old

Diagnostic Evaluations, Individual, Family & Group Therapy, Parent Counseling, Inpatient Services (short-term)

*Medicaid, Private Insurance, Self-Pay: Income-based sliding scale*

#### Psychiatric Intake Response Center (PIRC)

(205) 638-7472

Call line that links adult callers to mental health resources for children & teens

8:00am—11:00pm | Monday thru Friday

### GLENWOOD: OUTPATIENT SERVICES

(205) 939-1088

620 38<sup>th</sup> Street South, Birmingham, AL 35222

Individual and Family Counseling, Trauma-Focused Therapy, Anxiety Therapy, Treatment Counseling,

Diagnosis & Assessments- specialize in Autism Spectrum & other developmental disorders

*Medicare/Medicaid, Private Insurance (i.e. BlueCross BlueShield), Self-Pay: Income-based sliding scale*

Clinical Contact: Lisa Braxton | intake@glenwood.org

### IMPACT FAMILY COUNSELING

(205) 916-0123

701 HWY 31, Vestavia Hills, AL 35216

Individual, Family, Couple and Youth (10+) Counseling, Trauma Recovery, Grief & Loss, Anxiety

*Medicaid, Private Insurance, Self-Pay: Income-based sliding scale (\$20-\$100)*

### OASIS COUNSELING FOR WOMEN & CHILDREN

(205) 933-0338

1900 14<sup>th</sup> Avenue South, Birmingham, AL 35205

Individual Counseling for Women, Play Therapy for Boys and Girls ages 3-12, Counseling for Adolescent Girls,

Couples & Family Counseling, Child-Parent Relationship Therapy, Groups

*Medicaid, Private Insurance, Self-Pay: Income-based sliding scale*

## CRISIS LINE

**(205) 323-7777**

**24 hours a day | 7 days a week**

Someone is always here to listen to whatever is on your mind, talk through whatever you are feeling, and provide resources that can help you get through

## UTALK

**(205) 328-5465**

**3:00—10:00 PM | 7 days a week**

Text-enabled, this hotline is dedicated to youth and teens

## RAPE RESPONSE

**(205) 323-7273**

**24 hours a day | 7 days a week**

If someone has experienced sexual assault and needs help, including acute medical care within 72 hours of an assault, counseling or legal support

## RECOVERY RESOURCE CENTER CRISIS LINE

**(205) 458-3377**

**24 hours a day | 7 days a week**

This hotline is available to those who may be struggling with substance abuse as a coping mechanism. This crisis line is available to set up assessments and peer support services, including those involved with the Walker and/or Jefferson County criminal justice systems.

## ROSS ADDICTION HELPLINE

**(844) 307-1760**

**24 hours a day | 7 days a week**

The Addiction Helpline is there for those struggling with addiction. Peer specialists are there for someone to talk to or can help connect someone to recovery resources



promotes the treatment of mental and substance use disorders, and those who experience and/or are in recovery from these conditions, along with their families and communities.

**[WalkerRecoveryMap.Org](http://WalkerRecoveryMap.Org)**